## The invisible plague of the 21st century

In the face of increasing globalization and technological progress, human trafficking has become one of the most terrifying and hidden problems facing us today. It is a crime that continues to run rampant in our society, often going unnoticed. In this article, we will focus on examining this phenomenon from various perspectives, analyzing its causes, effects and ways of preventing it. Human trafficking is a practice that includes recruitment, coercion and use of people for commercial or sexual purposes. Victims often fall prey to international criminal organizations. This form of crime affects men, women and children alike, and their use covers a range of purposes - from forced labor and prostitution to slavery and organ trafficking. One of the main factors contributing to human trafficking is poverty. People from poor regions, deprived of life prospects, often become victims of promises of a better life in other countries. Human traffickers take advantage of the desperation of these people and often offer them jobs that they will never get. Victims are forced to live in extremely difficult conditions, often with debts that will never be repaid. It is also a crime of violence and intimidation. Victims are often mentally and physically abused, deprived of access to medical care and the right to help. It is this isolation and fear that keeps victims in the hands of traffickers for long periods of time, fearing the consequences of revealing their situation. Combating human trafficking is a huge challenge.

Many countries are taking action at legal and police levels, but this crime still persists. The key to preventing human trafficking is public education. We must learn to recognize alarm signals and know what to do in case of suspicion. Non-governmental organizations such as UNICEF and Amnesty International conduct information campaigns and provide support to victims. Action by governments and international agencies is essential, but it is society that has the potential to remedy the situation. Each of us can contribute to the fight against human trafficking by informing ourselves about it and supporting organizations working on behalf of victims. In conclusion, human trafficking is an invisible plague that still exists in our society. This is an evil that must be fought on many fronts - from legal actions to public education. Only by working together to prevent and support victims can we hope to end this inhumane activity.

Project no. NMF/PA18/004, entitled "Integration for security and international cooperation in the field of fundamental rights" implemented under the Norwegian Financial Mechanism "Asylum and Migration" by the Regional Police Headquarters in Szczecin, initiates preventive and information activities that increase knowledge and sensitivity to the form, the scale and manifestations of this phenomenon. As a society, we cannot be indifferent to what is happening around us. Spreading knowledge about the phenomenon of human trafficking, supporting organizations helping victims and reporting suspicious cases is our common responsibility.

Developed by:

MA Ewa Maślana